Example of Kick Count Chart

Enter the start time and put an x in the box representing the total time it took to get to 10 movements. Watch for patterns or significant deviations in the position of the x's.

Note the significant change in total time. In this case you would page your midwife on Sunday.

		Week: 32							Week: 33						
		M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su
Time:		9	12	9	9	9:30	9:15	10							
Min	10														
	15														
	20														
	25														
	30	x													
	35					x									
	40														
	45		x		x										
	50						x								
	55			X											
Hr, min	1														
	1,05														
	1,10														
	1,15														
	1,20														
	1,25														
	1,30														
	1,35														
	1,40														
	1,45														
	1,50														
	1,55														
	2														
	2,05														
	2,10														
	2,15														
Longer								x							